## **Alsico Sizing Guide**

### Sizing Guide

To help you choose the appropriate size, please use the sizing and measuring guidlines shown.

All sizes are approximate and for guidance only.

Sizing sets and Special Measurements Forms are available upon request.

## UNISEX CASUALWEAR

	S	М	L	XL	XXL
Chest(cm)	86-91	96-101	106-112	117-122	127-132
Chest(inch)	34-36	38-40	42-44	46-48	50-52

## MEN'S WORKWEAR TROUSERS / BIB 'N' BRACE

	S		м			L		XL
Size	76	80	84	88	92	96	100	104
To fit waist (cm)	76	80	84	88	92	96	100	104
To fit waist (inch)	30	32	33	34	36	38	40	41

## MEN'S COVERALL / TOPS / COATS / JACKETS

	S			Μ		L		XL		XXL
Size	92	96	100	104	108	112	116	120	124	128
To fit chest (cm)	92	96	100	104	108	112	116	120	124	128

### XXXL

			13	37-142	
			54	1-46	
			XXL	-	
	108		112		116
	108		112		116
	42		44		46
۲L	-			XXXL	
28		132		136	140
28		132		136	140

	S			М		L		XL		XXL		XXXL	
To fit chest (inch)	36	38	39½	41	421/2	44	45½	47½	49	50½	52	53½	55
UNISEX SCRUB TOPS / TROUSERS													
			XS	:	S	М		L		XL		XXL	
To fit chest			6		8-10	12-14		16-18		20-22		24-26	
To fit chest(inch)			30		34	38		42		48		54	
To fit waist			6		8-10	12-14		16-18		20-22		24-26	
To fit waist(inch)			28		30	34		38		42		47	

## LADIES BLOUSES / TUNIC / DRESSES

	8	10	12	14	16	18	20	22	24	26	28
To fit bust(cm)	82	87	92	97	102	107	112	117	122	127	132
To fit bust(inch)	32	34	36	38	40	42	44	46	48	50	52
LADIES TROUSERS											
		8	10	12	14	16	6 18	20	22		24
To fit waist(cm)		71	76	81	86	6 91	96	101	10	6	111
To fit waist(inch)		28	30	32	34	36	38	40	42		44

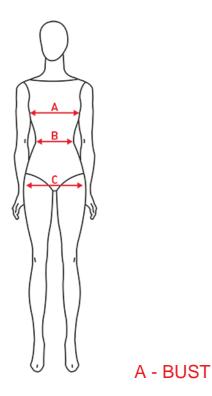
Our policy is one of continous improvement and we reserve the right to change product specifications without notice.

# FIND YOUR PERFECT SIZE

Ladies and Men's measuring charts.

All sizes are approximate and for guidance only.

Please note that the measurement of the wearer should be taken over as few clothes as possible



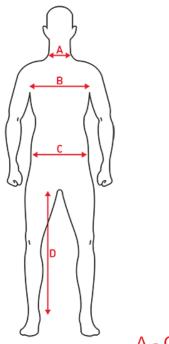
MEASURE AROUND YOUR BODY UNDER YOUR ARMS AT FULLEST PART OF YOUR CHEST. REMEMBER TO KEEP THE MEASURING TAPE COMFORTABLE.

#### **B** - WAIST

MEASURE AROUND YOUR NATURAL WAISTLINE (USUALLY IN LINE WITH YOUR BELLY BUTTON). REMEMBER TO KEEP THE MEASURING TAP COMFORTABLE.

### C - HIPS

MEASURE AROUND THE FULLEST PART OF THE YOUR BODY AT HIP LEVEL. REMEMBER TO KEEP THE MEASURING TAP COMFORTABLE.



A - COLLAR

MEASURE AROUND THE NECK PLUS A FINGERS'S WIDTH FOR COMFORT

### **B - CHEST**

MEASURE THE CHEST AT THE FULLEST PART, PLACING THE TAPE CLOSE TO THE ARMS.

### C - WAIST

MEASURE THE NATURAL WAISTLINE.

### D - INLINE LEG

MEASURE FROM THE CROTCH TO WHERE THE TROUSER IS NORMALLY WORN ON THE SHOE.